

## 7 WAYS EAGALA'S EQUINE ASSISTED PSYCHOTHERAPY CAN HELP YOU AND YOUR CLIENTS SUCCEED

1. Effectiveness. The EAGALA model creates interactive sessions with horses that allow clients and therapists to “see” where the problems are and find ways to solve them. In the sessions, the focus is on doing, being active in-the moment, and finding solutions that provide faster, more permanent change. It is effective for clients of all ages and conditions.

2. Uncovers the REAL client, quickly.

Through experiential activities, Equine Assisted Psychotherapy helps you to immediately see how couples and individuals act and react to different situations, giving you a clearer picture of what you need to do to help.

3. Professionalism.

The EAGALA model requires a licensed mental health care professional and an experienced horse professional working together as a team for the benefit of the client. EAGALA certification requires intensive training, continuing education, and adherence to a high standard of practice and ethics.

4. Makes the Process More Engaging.

Because Equine Assisted Psychotherapy is active and effective, the process is more engaging for both you and your clients. Once a horse enters the equation, everyone is instantly attentive and engaged in the process.

5. Gets Clients Past the Sticking Points.

Everyone can hit a wall in therapy where the client remains stuck in old patterns and attitudes. The EAGALA model can help you and your clients get out of the rut and back on track.

6. Great for Individuals and Groups.

Whether working with individuals or groups, the horses provide powerful opportunities to address social skills, communication issues, and other dynamics necessary for healthy, meaningful relationships.

7. Provides Real Solutions.

We offer a model of Equine Assisted Psychotherapy where therapists and clients alike are excited by the process. Whether used for treating all forms of addiction, trauma, social and behavioral disorders, and other issues, clients find the sessions meaningful leading to real and long-lasting change.

Discover How Exciting Therapy Can Be.

Call Today.

In the Company of Horses Inc. 609-330-2444 [www.inthecompanyofhorses.com](http://www.inthecompanyofhorses.com)  
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