

Girls and Horses – An ounce of prevention!

An equine assisted learning program for girls ages 10-12 in Pemberton



What can girls learn in this program? The horses will help the girls learn: This is what they don't teach us in school - Fully empowered girls who are able to:

- **Experience their unique contributions** to the world
- Solve real life problems with **grace and grit.**
- **Confident** and **Resilient** after a set back
- Girls who go along when it's the right thing to do and have a **clear voice** when it's not!
- Girls who understand **how to confidently share real leadership!**

WHO is this class for - Girls ages 10-12 years \$400. (that's \$50. Per class!) An ounce of prevention!

WHEN - **8 weekly classes**

WHERE - In the Company of Horses - Pemberton, NJ 08068

WHAT is this class: In equine assisted learning sessions a person learns about themselves, their patterns of thinking, acting, body language and emotions through the horses - said another way, people learn by doing. There is no riding in this class. The student will learn about and practice a specific topic in each session with the horses and leave with homework to pull the solutions found in the arena with the horses, into real life outside of the arena at home or school.



~ In our 10th year~



Call 609-330-2444 MaryAnn

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