



### 3 Month Immersion Course

Apprenticeships are available for dedicated students who wish to immerse themselves in the studies of:

- 1.) Nutrition and theory of healthy horses
  - a.) sprouting seeds
  - b.) herbs as supplements
- 2.) Hoof care basics
  - a.) Being able to identify problems and distortions in the hoof
  - b.) basic hoof maintenance including using a rasp and hoof knife.
- 3.) Observation - This is eye training
  - a.) including exercises to continue your the ability to see what there is to see
- 4.) Horse behavior
  - a.) real time observation and understanding big communications and small intimate communications between mares and stallions and geldings.
  - b.) the nature of horses and movement
    - \* how to apply this natural movement in our horsemanship
- 5.) Emotional intelligence
  - a.) observing emotions
  - b.) properly identifying emotions

- c.) managing contagious emotions
  - \*practicing emotional fitness
- 6.) Social intelligence
  - a.) learning to be the cause of; rather than be at the effect of herd dynamics in all situations.
- 7.) Physical fitness
  - A.) for horses
    - a.) strengthening exercises
    - b.) flexibility exercises
    - c.) balancing exercises
    - d.) gymnastics
  - B.) for riders
    - a.) increasing available air
    - b.) increasing flexibility
    - c.) increase balance
- 8.) Positive reinforcement training
  - a.) in all things we will train using positive reinforcement training.
  - b.) you will learn how to use food as a training tool
  - c.) you will learn about clear boundaries when using food as a training tool.
- 9.) Basics of being an equine specialist in the arenas of:
  - a.) equine assisted learning
  - b.) psychotherapy
  - c.) therapeutic riding.
- 10.) Ground Work with horses - work on the ground with horses on one line
- 11.) In-Hand work with horses - work on the ground with horses using two reins
  - a.) short reins
  - b.) long lines
- 12.) Lunging horses
  - a.) without a rider
  - b.) with a rider
- 13.) Liberty work with horses - with no ropes at all
  - a.) in a round pen
  - b.) in a small field

c.) in a large field

14.) Freestyle riding horses -

A.) for the rider

- a.) riding with an independent seat
- b.) riding with one rein
- c.) riding with no reins
- d.) riding with one stick
- e.) riding with two sticks

B.) for the horse

- a.) becoming braver
- b.) becoming more of a problem solver
- c.) taking on the responsibility of being a partner
- d.) following focus, feel and intention

15.) Riding horses with finesse

a.) this is close contact riding with two reins for the human  
b.) and for the horse this is learning to live happily and  
willingly in straightness.

16.) Trail riding

a.) learning how to employ the study of social and emotional  
intelligence when riding out in groups.  
b.) understanding the geometry of herd movement on the  
trail for the purposes of safety for all  
c.) you and your horse being able to set the mood and tone  
for the entire group; essentially, to lead.

17.) Teaching individual and groups of people with horses

a.) helping a student move logically through modules of  
horsemanship at the pace each student and horse can learn.  
b.) problem solving with students and horses

An immersion course is an apprenticeship, an intense study over the course of time with no less than one horse here at ICOH in Pemberton, NJ. Students will move through the modules at the pace of the individual student.

Students will work 5 days per week with two days off (not necessarily weekends or consecutive days off.) Workdays are no less than 4 hours long. There will be homework and assignments

that need to be completed and turned in for successful completion.

Students are welcome to piece 3 month courses of study together until the desired level of horsemanship is reached. In subsequent modules students may bring their own horses but not to the first three month course.

Base fee is \$1000 per month for three months (\$3000 total for 3 months payable in installments before we begin. 3 consecutive months is the minimum time for an immersion course)

There are many options available for students who live far away for accommodations here at ICOH and locally. Be sure to ask. If lodging and meals are needed fees increase \$300 per month (\$900 total for three months.)

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If you would love to take advantage of this opportunity, contact MaryAnn today! Space is limited to two students each quarter.

To Apply: Send an email to:

Email – [mbrewer@inthecompanyofhorses.com](mailto:mbrewer@inthecompanyofhorses.com)

Include in the email:

Personal statement -

- Why do you want to participate in Immersion with In the Company of Horses Inc.?
- What are your life goals?
- What is your strong suit? ex: you are extremely organized, are you really good at math, photography, growing things, are

you very brave? These are just examples, what are you good at?

- Outside of horses what are your hobbies?
- What is the name of the last book you read?
- What schooling have you completed?

#### Personal information:

- Full Name
- Full Physical Address
- Best email address
- Best telephone number
- Gender and Age
- Height and weight
- Any limiting Physical Conditions that may need special care or attention
- Health Insurance Carrier Information: Name of carrier and ID # also include name on policy
- Persons (2) to contact in case of emergency - Include:  
Relationship to you;  
full physical address;  
email address;  
at least two telephone numbers for each emergency contact person.

#### Horsemanship History:

- What experience do you have with herd or stable management?
- How long have you waited with a sick animal for the vet to come?
- Do you have any experience with:
  - Hoof care
  - Healing horses
  - Energy or body work
  - Equine Assisted Learning/psychotherapy or Therapeutic riding

- Daniel Goleman's work of Social and Emotional Intelligence?
- Share any history you have with horses of your own or others.
- What are your horsemanship goals?
- Who are some of your horsemanship heroes?
- Who is someone you admire, from anytime or place in life, and why?
- Share a profound life lesson you have learned from a horse.