

If we are not riding the horses what are we doing with them?

You identify an area of your life that is not working as well as you would like. You go to work on finding another way with the assistance of individual, unique, real life, thoughtful beings. The solutions are found in the doing. After the doing, you talk



about what happened and learn what you did that worked and did not work. Based on these new found solutions you can make new choices when the issue comes up again in life outside of the arena.



OTHER EQUINE ASSISTED SERVICES BUSINESS

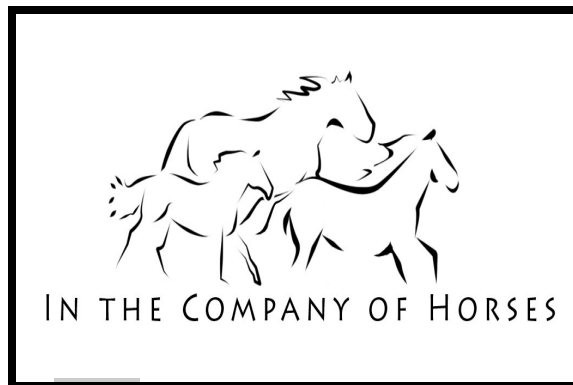
Group & Individual Leadership Training
Team Building

Dynamic Interviewing

HORSEMANSHIP: Relationship Based
Instruction from the ground up. "Way more than riding"

EQUINE ASSISTED PSYCHOTHERAPY

Individuals, Groups, Families, Couples, Adults and Children. People with issues relating to addictions, behaviors, trauma, self esteem and confidence, life transitions, grief, reunification. Special programs for our Neighbors who are Military Families.



Have trailer—Will travel
240 Pointville Rd. Pemberton, NJ
08068

609-330-2444

www.inthecompanyofhorses.com
info@inthecompanyofhorses.com

In the Company of Horses Inc

"Explore What's Possible"

Bullying Awareness Programs

Creative experiences increasing confidence awareness and trust In the Real World!



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How It Works...

Living Horses and Metaphor are the vehicles for this Brief, Solution Oriented Process to get to the heart of a matter quickly. You learn by doing. Experiential learning is proven to be effective and retained. The solutions found in the arena can be recalled for use in real life situations!

It's not about the horse. It's about overcoming fear and self-doubt!



Every session is custom designed and facilitated by a Licensed Professional Counselor (LPC) and a Qualified Equine Specialist Advanced Certified by The Equine Assisted Growth and Learning Association.

In the Company of Horses Inc. is fully insured, licensed & qualified. We accept cash, checks, major credit cards and are registered with all major insurances.

All visits are by appointment only.

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Why Horses?

Like humans, horses are social animals, with defined roles within their herd. They have distinct personalities, attitudes and moods; an approach that works with one horse won't necessarily work with another. Naturally intimidating to many, horses are large and powerful. This creates a natural opportunity for some to overcome fear and develop confidence. Working alongside a horse in spite of those fears, creates confidence and provides wonderful insight when dealing with other intimidating and challenging situations in life. Horses require us to work, whether in caring for them or working with them. In an era when immediate gratification and the easy way are the norm, horses require people to be engaged in physical and mental work to be successful. A valuable lesson in all aspects of life.

It's hard to ignore a 1200 pound horse!



Bullying Awareness

We provide positive, unique and memorable services for Teachers, Coaches, Peer Mediators, Administrators, Counselors and Students. Victims and perpetrators and the cycle of being in both roles.

- ♥ Self Awareness – become more aware of your own feelings and behaviors and how you occur for others in the world.
- ♥ Self Esteem – learning the value of you! Embrace uniqueness. Recognize jealousy and ideation.
- ♥ Healthy Boundaries – television, internet, social media, dating, peer pressure all require the healthy setting of boundaries.
- ♥ Facing Fears – whether real or perceived all fears have consequences.
- ♥ Breaking the cycle of bullying.
- ♥ Finding the courage to make a difference.
- ♥ Mindfulness – Investigate further with a grounded and centered awareness of self and surrounding environment.
- ♥ Working together -- Social Intelligence, Gather your herd because it takes a village to cause a cultural shift!



Prior experience or affinity for horses is not necessary for profound and lasting changes. All sessions are un-mounted. Call for pricing and more information:

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